

Orchard Medical Park 2401 Highway 35 Manasquan, NJ 08736 Telephone: 732-223-7877

Fax: 732-223-7151

www.newjerseyurologists.com

Michael L. Howard, MD, FACS Robyn R. Leitner, MD, FACS Mark A. Perlmutter, MD, FACS Dipolomates, American Board of Urology

IMPORTANT INFORMATION, PLEASE REVIEW AT LEAST ONE (1) WEEK PRIOR TO YOUR SCHEDULED PROCEDURE

FAILURE TO DO THE FOLLOWING COULD RESULT IN CANCELLATION AND/OR RESCHEDULING OF YOUR PROCEDURE:

- Stop taken aspirin, ibuprofen, iron containing vitamins, arthritis medications, Vitamin E and Ginko Biloba ten (10) days prior to your procedure.
 Tylenol may be taken if needed.
- Stop taking Coumadin (Warfarin) five (5) days prior to your procedure. Stop taking Plavix (Clopidogrel), Persantine (Dipyridamole) and other prescription blood thinners seven (7) days prior to your procedure. YOU MUST FIRST CHECK WITH THE PHYSICIAN WHO PRESCRIBES ANY OF THESE MEDICATIONS TO YOU. If you have not done this, please call our office for reassurance.
- **DO NOT STOP** taking your heart or blood pressure medications prior to the procedure. You should take these medications the morning of your procedure with a small sip of water.
- **DO NOT** eat or drink after midnight prior to the procedure. Do not chew gum or have breath mints. You may brush your teeth.
- Please remember that someone MUST drive you home after the procedure
- Please, **DO NOT** wear any jewelry (rings, bracelets, earrings, etc) to the procedure. The facility is not responsible if these items are lost or misplaced. Thefts can occur at a hospital.

If you have any questions or concerns, please do not hesitate to contact our office at 732-223-7877 and ask for Heather.

THANK YOU